

# Biological Agents: An Overview

## *Training Seminar on Laboratory Biosecurity and Biosafety*

**Manila, Philippines**

**13 July 2006**

**And**

**Cebu, Philippines**

**18 July 2006**

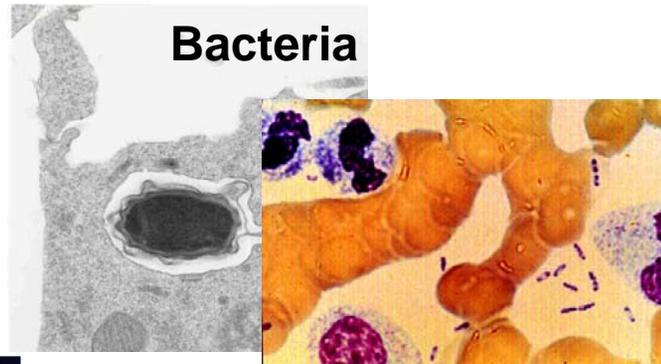
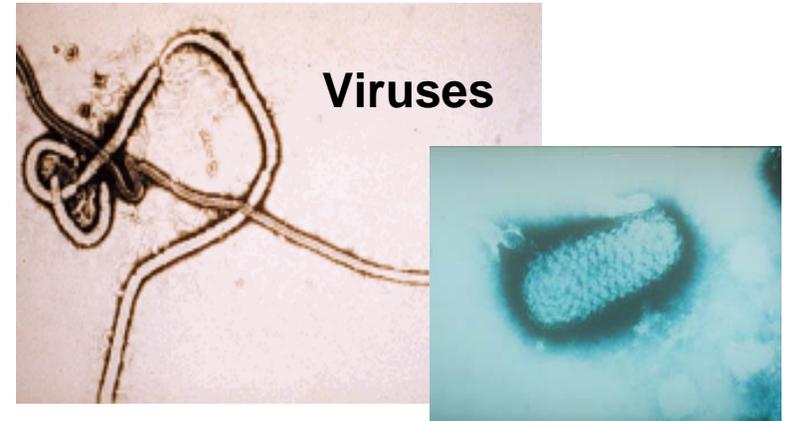
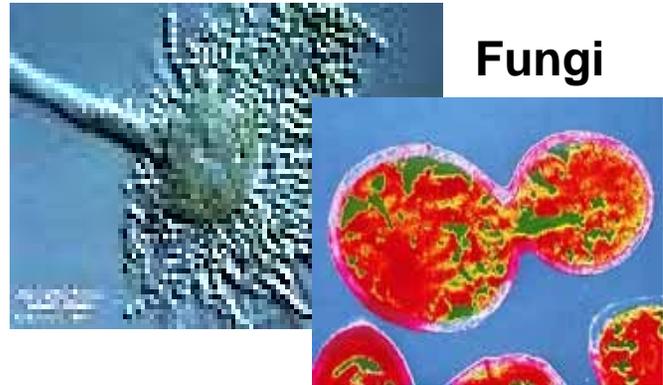
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# Types of Biological Agents



**Obligate intracellular parasites:  
Rickettsiae and Chlamydia**

**Proteins:  
Toxins and Prions**

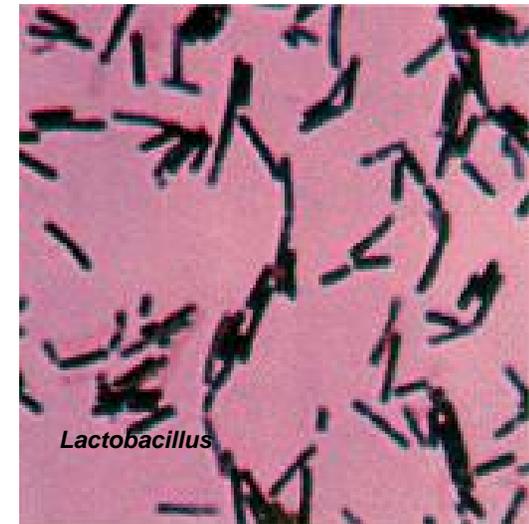
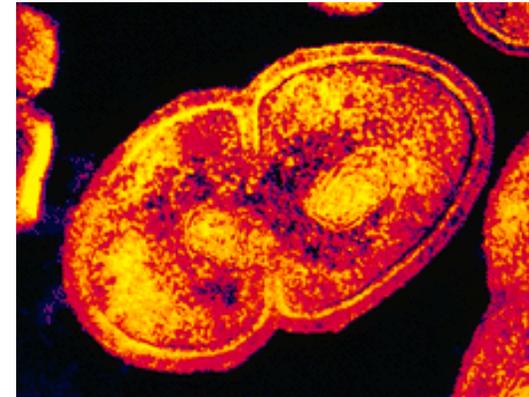
# Fungi - Mycelial



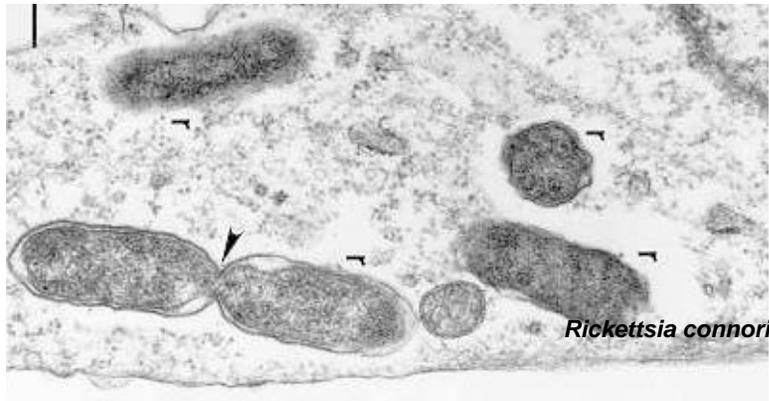
- size: **highly variable**
- complexity: **moderate**
- chemical: **DNA/RNA, complex metabolic, structural & enzymatic chemistry**
- toxins: **often important - wide range of mycotoxins**
- risk: **mainly RG2; *Coccidioides*, *Histoplasma* are RG3**
- pathol: **inflammation, vesic-ulation, granuloma formation, necrosis, hypersensitivity**

# Bacteria

- size: **0.2  $\mu\text{m}$  - 500  $\mu\text{m}$**
- complexity: **moderate**
- chemical: **DNA/RNA, simple structural & metabolic components, limited enzyme systems**
- toxins: **many important**
  - exo: **tetanus, diphtheria, botulinum, TSST-I, cholera**
  - endo: **lipopolysaccharide (LPS) of many pathogenic G- bacteria**
- risk: **RG2, few RG3 (e.g., anthrax, brucellosis, tularemia)**
- pathol: **many factors influence transmissibility, invasiveness, pathogenicity, virulence**



# Rickettsiae and Chlamydia

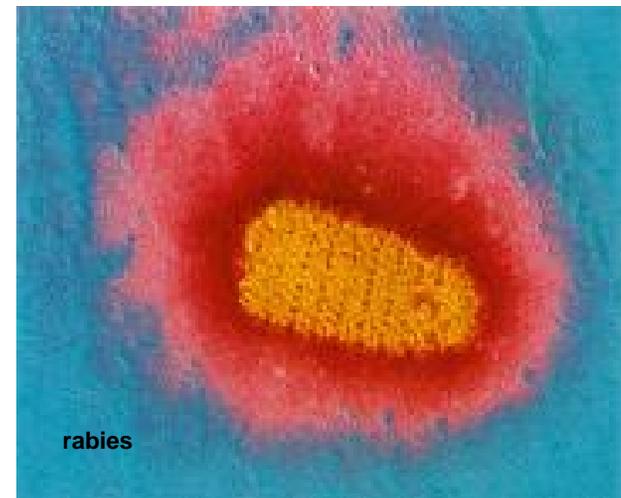
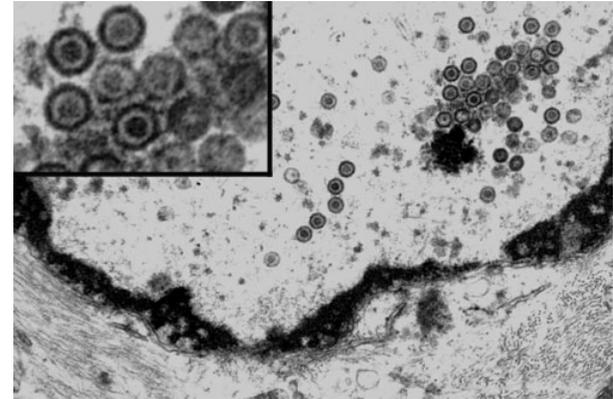


- size:
  - 0.3 μm – 0.6 μm (Rickettsia)
  - 0.3 μm – 1.0 μm (Chlamydia)
- complexity: **similar to Gram-negative bacteria**
- chemical: **DNA/RNA, similar to Gram negative bacteria but can't metabolize energy**
- toxins: **one (a Chlamydia) but not important in pathogenesis**
- risk: **RG3 (Rickettsia) and RG2 (Chlamydia)**
- pathol: **obligate intracellular parasites → vasculitis, cell death, inflammation, etc.**

# Viruses

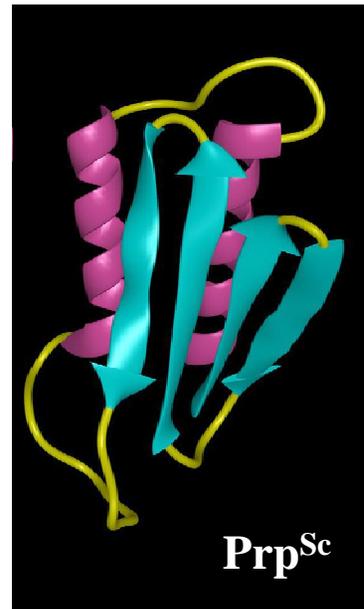
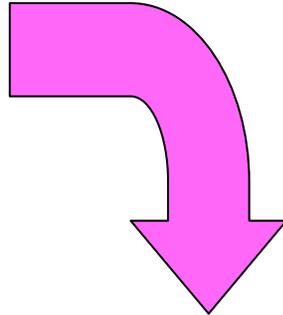
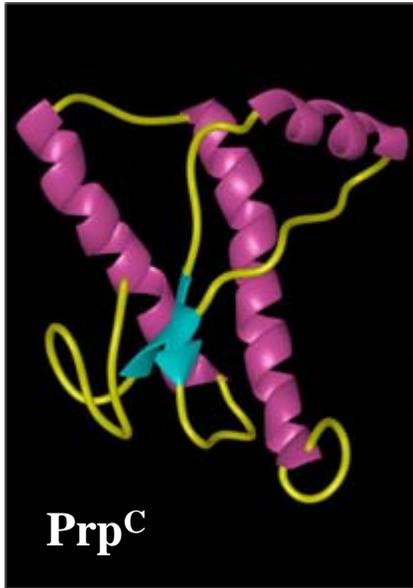
- size: **20 nm - 400 nm**
- complexity: **simple**
- chemical: **DNA or RNA; protein capsid; lipids, viral carbohydrates in membrane envelope; few other chemicals**
- toxins: **no, but genes may code for toxic products**
- risk: **most RG2, several RG3, a few RG4**
- pathol: **obligate intracellular parasites**  
→ **cell death or hyperplasia (cancer); disease relates to target sites**

*Herpes simplex*



rabies

# Prions



- “proteinaceous infectious particles”
- abnormal isoform of a normal cellular protein
- PRP<sup>C</sup>  $\xrightarrow[\beta \text{ sheet}]{\text{increased}}$  PRP<sup>Sc</sup>
- no prion-specific nucleic acids or virus-like particles
- risk: RG2 (animal)  
RG3 (human)
- causes transmissible spongiform encephalopathy (TSE)

# Koch's Postulates

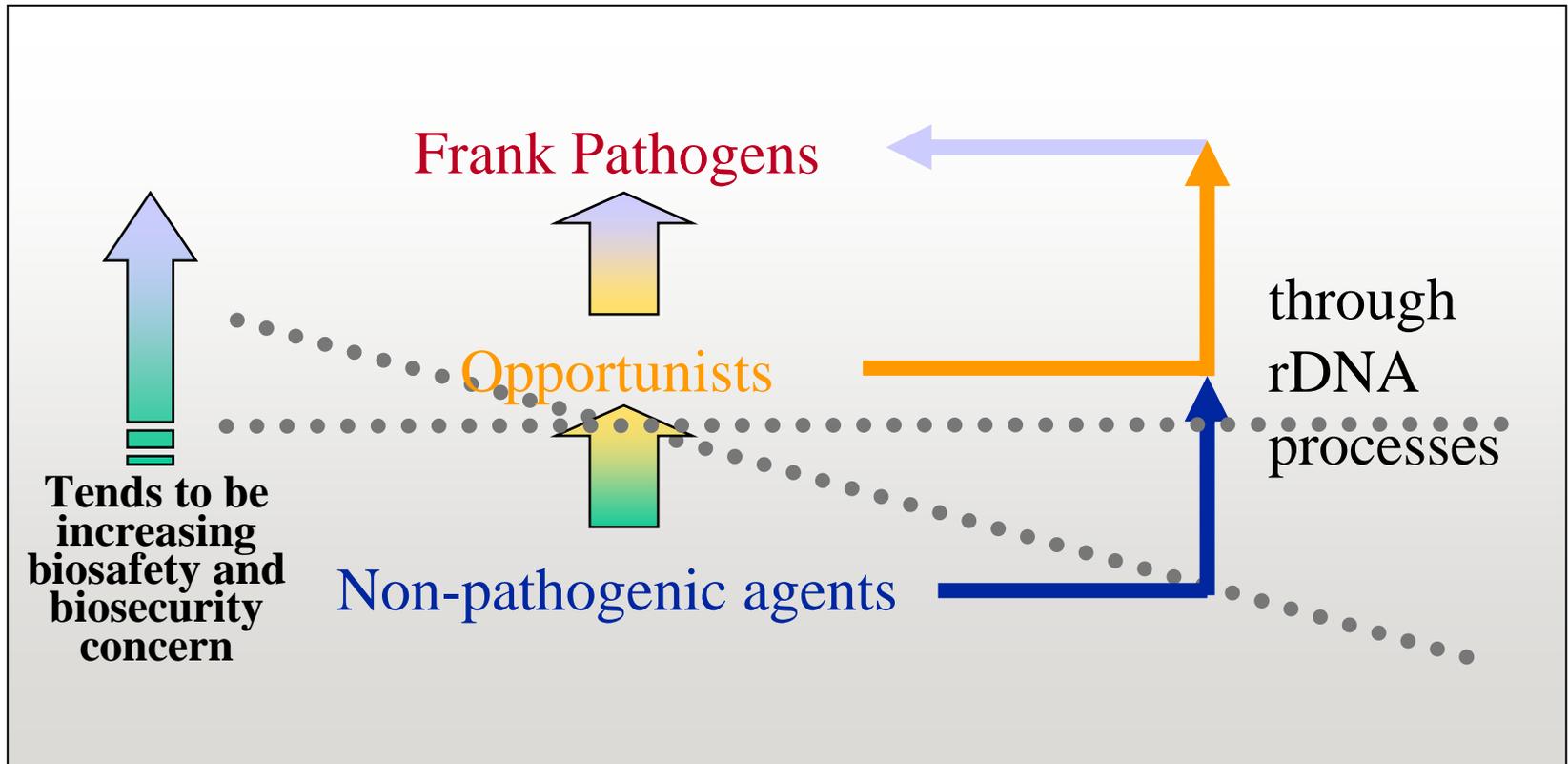
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- Robert Koch applied these four precepts in 1884 to establish the etiology of tuberculosis.
- The only way to conclusively demonstrate microbial etiology of a disease:
  - The organism must be found in all animals suffering from the disease, but not in healthy animals;
  - The organism must be isolated from a diseased animal and grown in pure culture;
  - The cultured organism should cause disease when introduced into a healthy animal;
  - The organism must be re-isolated from the experimentally infected animal.



# The Dividing Line

- Based on pathogenicity for humans



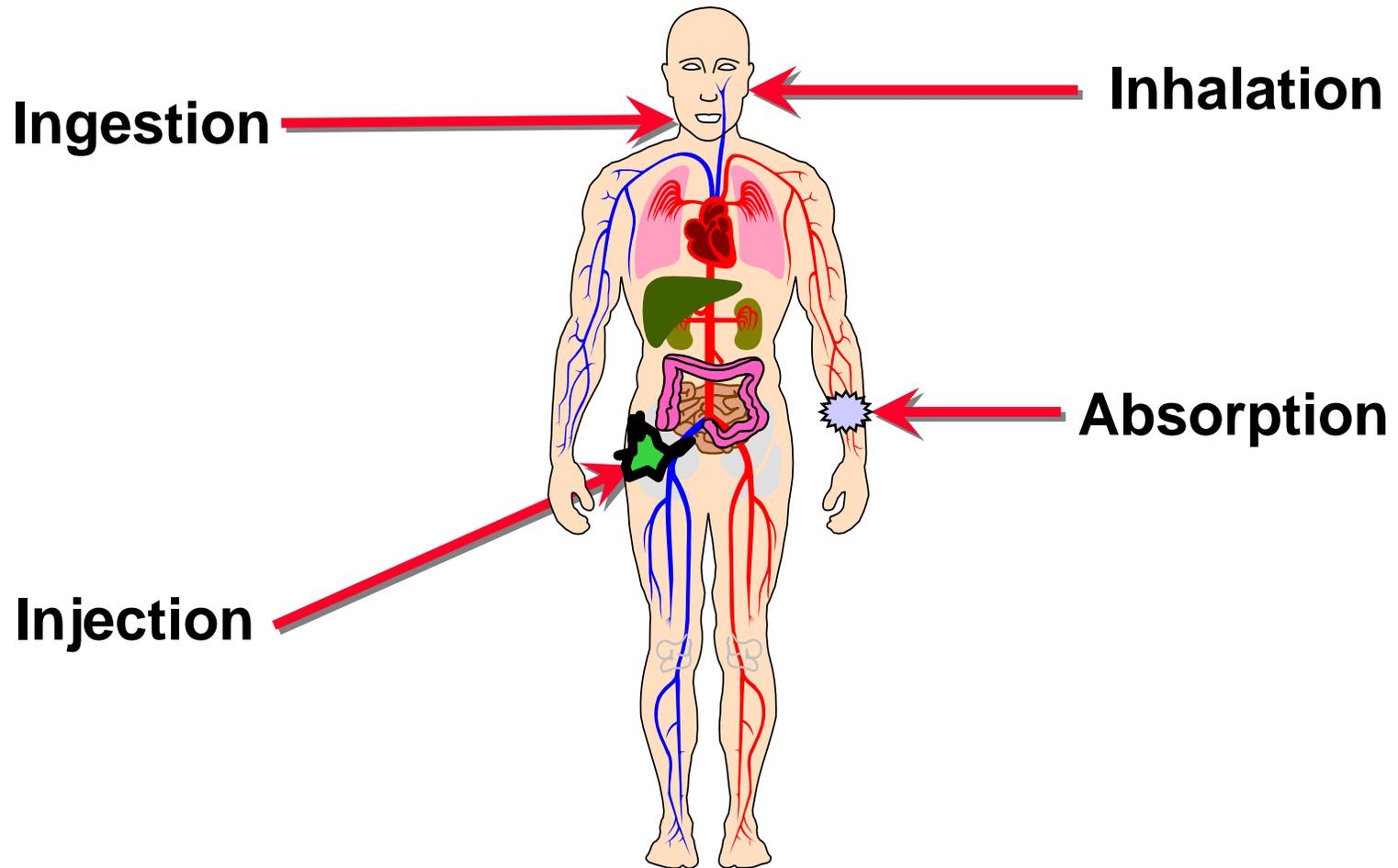
# Sources of Pathogens and Toxins

- **Natural environment**
  - Endemic
  - Outbreaks
- **Legitimate facilities**
  - Culture collections
    - More than 400
    - 67 countries
  - Laboratories
  - Pharmaceutical companies
  - Biotechnology companies
  - Clinical and diagnostic laboratories
- **Synthetic biology**
  - De-novo synthesis
    - Polio virus
    - Ebola virus
  - Modifying less virulent pathogens

ATCC



# Routes of Entry



# Overview of Selected Agents

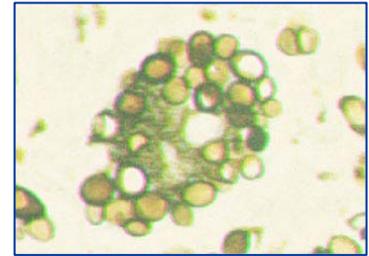
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- **Fungi**
  - *Coccidioides immitis*
- **Bacteria**
  - *Bacillus anthracis*
  - *Yersinia pestis*
  - *Francisella tularensis*
  - *Brucella spp.*
- **Rickettsiae and Chlamydia**
  - *Rickettsia rickettsii*
- **Viruses**
  - Hemorrhagic Fever viruses
  - Variola major virus
  - Avian influenza virus, H5N1
  - Foot-and-mouth Disease virus
  - Rinderpest virus
- **Proteins**
  - Botulinum toxin
  - Bovine Spongiform Encephalopathy

# Fungi: *Coccidioides immitis*

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- **Coccidioidomycosis (“Valley fever” or “desert fever”)**
- **Zoonotic**
- **Endemic to arid and semi-arid regions of the Western Hemisphere**
- **Highly stable – easy to produce spores**
- **Usually asymptomatic, 30-40% of infected become ill**
- **Not contagious**
- **5-10 out of every 1000 infected develop life-threatening infection**
- **10<sup>th</sup> most common laboratory-acquired infection**
- **In US: BSL3 recommended**

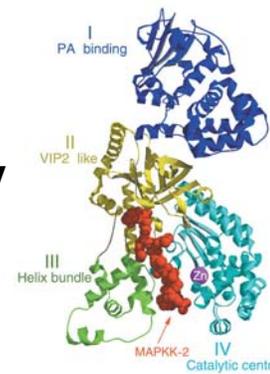
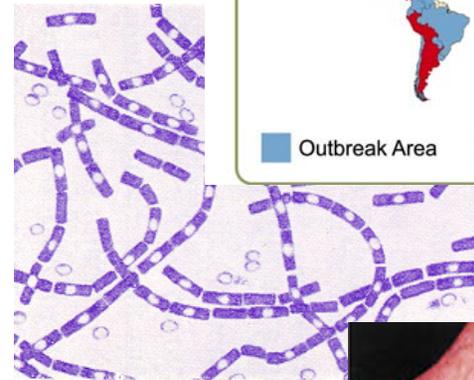
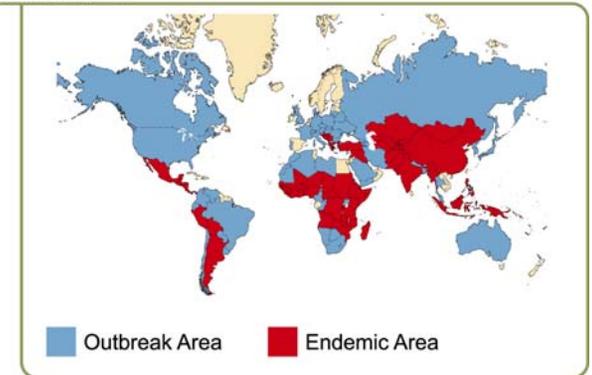


*Coccidioides immitis*

# Bacteria: *Bacillus anthracis*

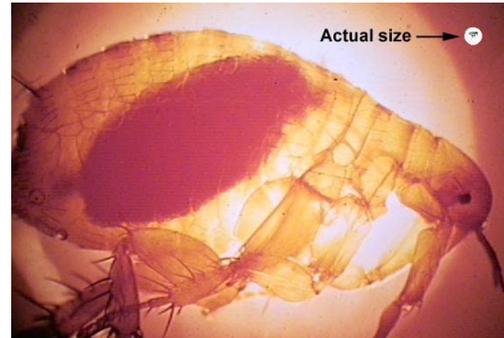
- Anthrax
  - Cutaneous
  - Gastrointestinal
  - Pulmonary
- Zoonotic
- Global distribution
  - Especially Middle East, Africa, Asia, US
  - Many less virulent strains
- Very stable – spore former
- ID<sub>50</sub>: 8000-50,000 spores
- Mortality rate: 90 – 100% (pulmonary)
- Vaccine available
- Antibiotics effective if administered shortly after exposure
- In US: often used in BSL2 laboratories

Anthrax

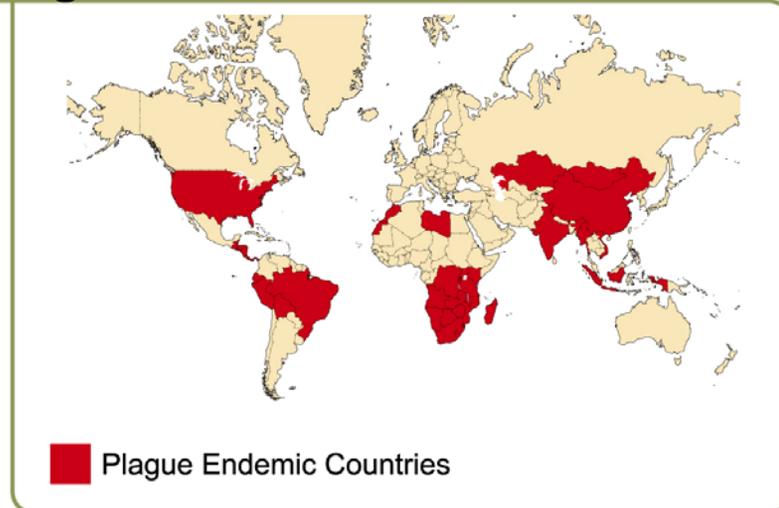


# Bacteria: *Yersinia pestis*

- **Plague**
  - Bubonic
  - Septicemic
  - Pneumonic
- **Zoonotic**
- **Global distribution**
  - Except Australia and Antarctica
  - Virulence highly variable
- **Less stable – easily degraded by drying and sunlight**
- **ID<sub>50</sub>: 100 – 20,000 organisms**
- **Mortality rate: ~100% for pneumonic if treatment not started within 24 hours of exposure**
- **No licensed vaccine in US; vaccine available in FSU and Mongolia**
- **In US: BSL2 for samples; BSL3 for large amounts**

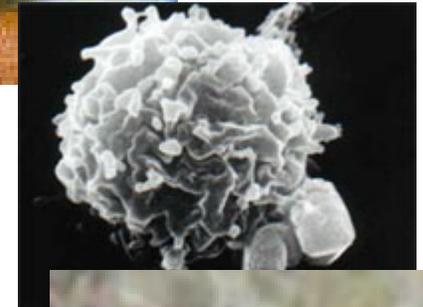


## Plague



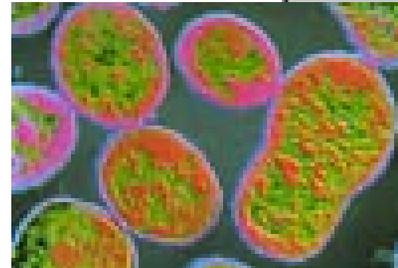
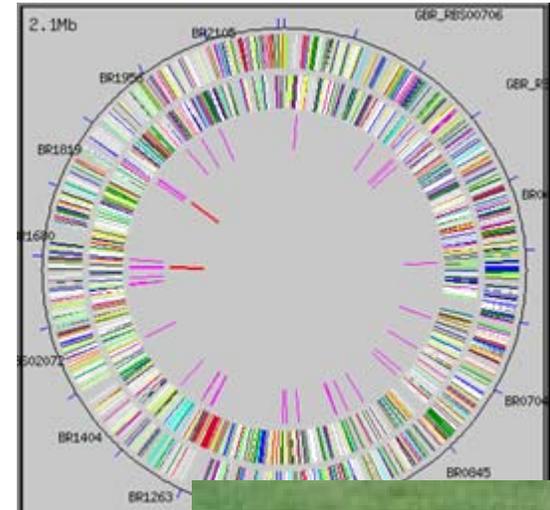
# Bacteria: *Francisella tularensis*

- Tularemia (“rabbit fever”)
  - Glandular
  - Gastrointestinal
  - Pulmonary
- Zoonotic
- Distribution
  - North America, Europe, Middle East, Russia, and Japan
  - Rare in UK, Africa, Central and South America
- Persists in water but sensitive to UV radiation and oxidation
- ID<sub>50</sub>: 10 – 25 organisms by respiratory routes
- Mortality rate: most forms rarely fatal but untreated pulmonary is 30 – 60% fatal
- Antibiotics
- In US: BSL3 most common



# Bacteria: *Brucella* spp.

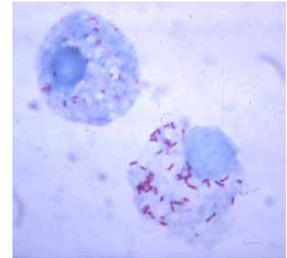
- Brucellosis
- Zoonotic
- Wide distribution
  - South America, Central America, Eastern Europe, Asia, Africa, Middle East
- Stable
- 6 species; 4 cause disease in humans
- ID<sub>50</sub>: 10 – 100 organisms
- Low mortality
- Treatment with antibiotics
- In US: BSL 3 most common



# Rickettsiae: *Rickettsia rickettsii*

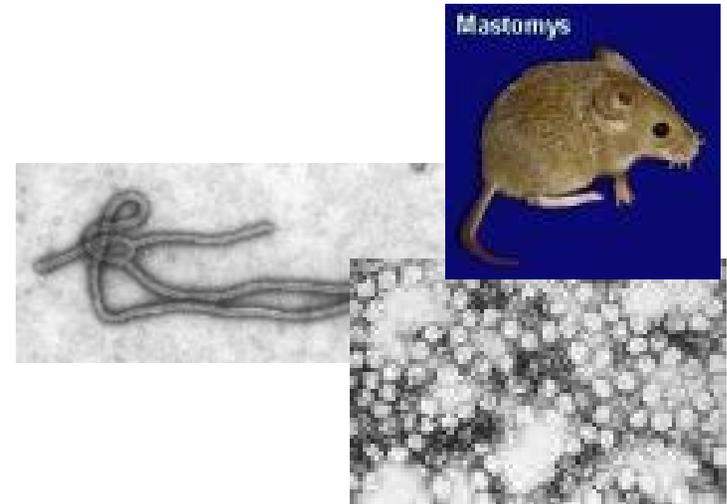
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- Rocky Mountain Spotted Fever
- Zoonotic
- Distribution
  - US, Mexico, Central and South America
- Stable in tick blood at ambient T; 1 year survival
- ID<sub>50</sub>: 1-10 organisms
- Mortality 15-20% if untreated
- Antibiotics: doxycycline; delayed diagnosis contributes to increase in fatalities
- In US: BSL3

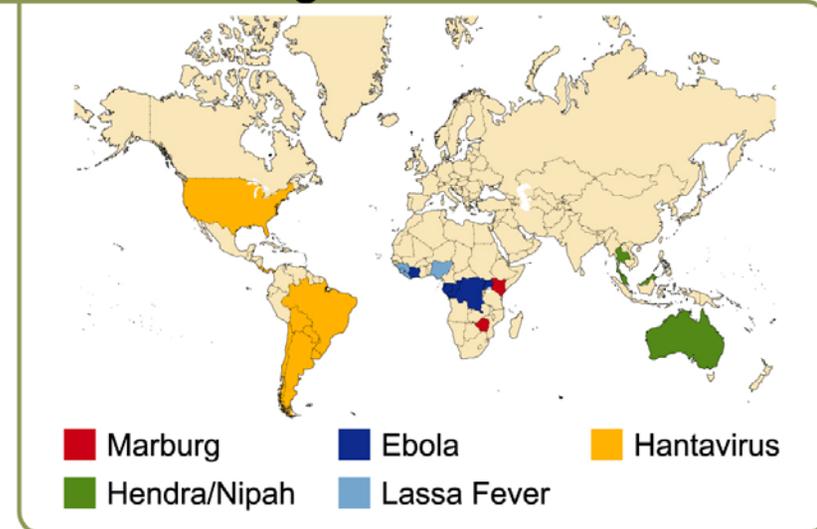


# Viruses: Hemorrhagic Fever viruses

- **Viral Hemorrhagic Fevers**
  - Filoviruses: Ebola and Marburg
  - Arenaviruses: Lassa, Junin, Machupo, Guanarito, Sabia
  - Hantaviruses
  - Dengue
  - Yellow fever
- Zoonotic
- Distribution varies by species
- Relatively unstable (enveloped viruses)
- ID<sub>50</sub>: 1 – 10 virions
- Mortality varies
  - Ebola is highest: 50 – 90%
  - Lassa: 15 – 20%
- Generally only supportive treatment
  - Ribavirin somewhat effective for arenaviruses
  - Yellow fever vaccine
- In US: Most are BSL4

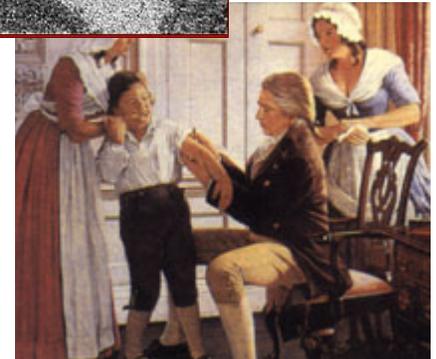
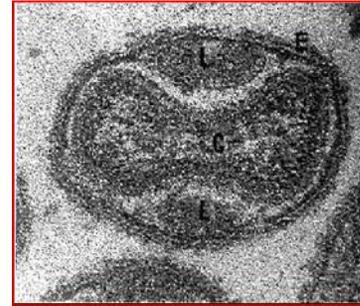


## Viral Hemorrhagic Fevers



# Viruses: Variola major virus

- Smallpox
- Human only
- Eradicated; officially available in only 2 laboratories
  - CDC (USA)
  - Vector (Russia)
- Very stable
- ID<sub>50</sub>: 10 – 100 virions
- Mortality rate: ~30% (unvaccinated)
- Vaccine available
- Other treatments limited
  - Post-exposure vaccination (within 4 d)
  - Supportive care
  - Cidofovir has shown promise
- BSL4



# Viruses: Avian Influenza H5N1 virus

- **Highly Pathogenic Avian Influenza (HPAI)**
- **Zoonotic**
- **Distribution**
  - Spreading rapidly in environment
- **Relatively unstable**
  - But stable in water
- **Highly infectious in poultry; apparently limited infectivity currently in humans**
- **Vaccine for animals available; human vaccine under development**
- **Treatment for humans:**
  - Oseltamivir
  - Zanamavir
- **In US: BSL3**

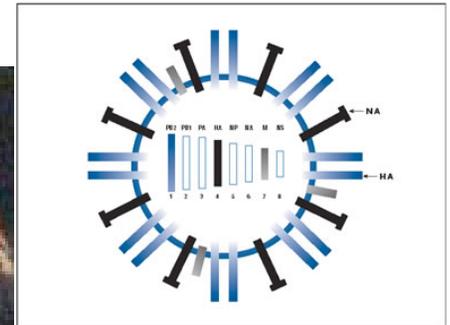
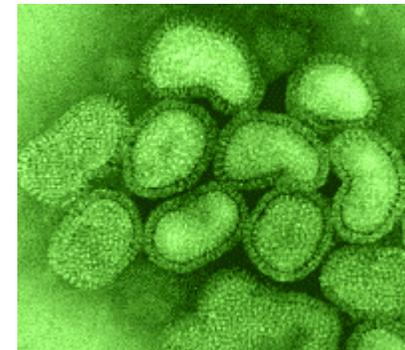
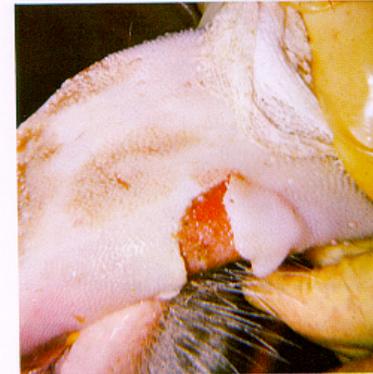


Figure 3. Model of the influenza virus showing the segmented nature of the viral genome and the two major surface glycoproteins, hemagglutinin (HA) and neuraminidase (NA).

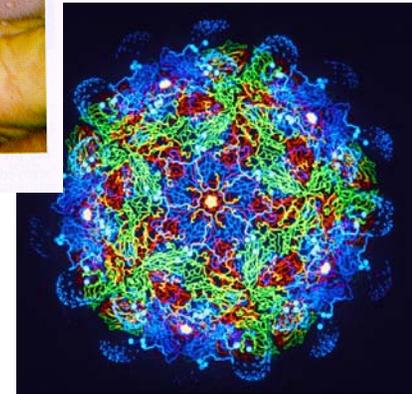


# Viruses: Foot-and-Mouth Disease virus

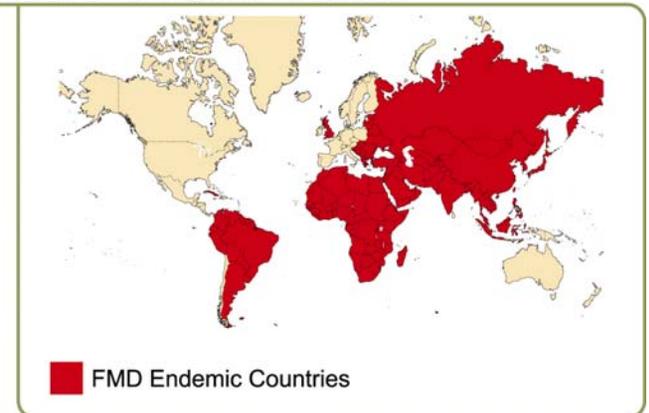
- Foot-and-mouth disease
- Animals only
- Wide distribution
  - South America, Europe, Asia, and Africa
- Very stable
- Highly infectious for cattle
  - $ID_{50} < 10$  virions
- High morbidity; low mortality for adult animals (< 5%)
- Vaccine
- In US: BSL3-Ag



18 Ruptured vesicle on bovine tongue.

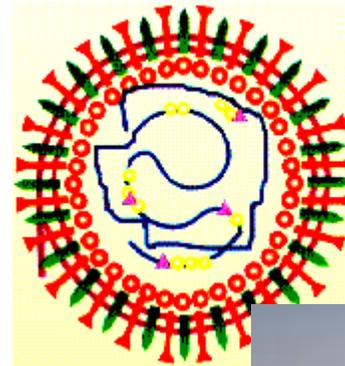


Foot and Mouth Disease



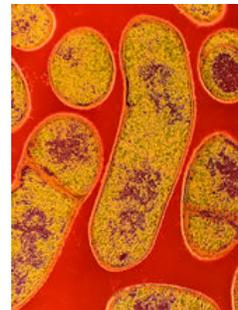
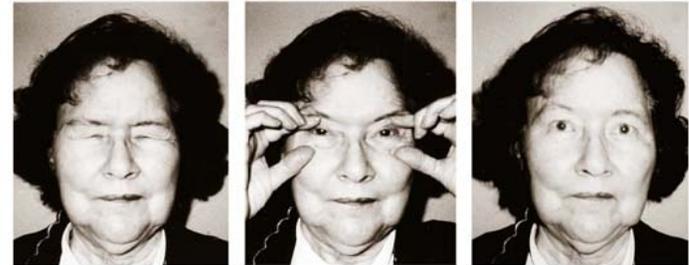
# Viruses: Rinderpest virus

- Rinderpest disease
- Animals only
- Distribution:
  - Eastern Africa, Middle East, South Asia
- Susceptible to pH, heat and sunlight
- Mortality can reach 100%
- Distinguished from FMD by diarrhea



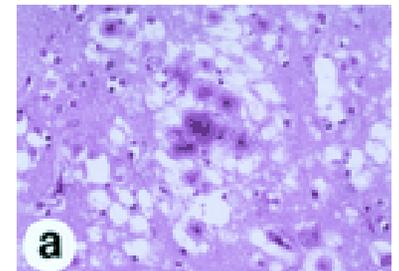
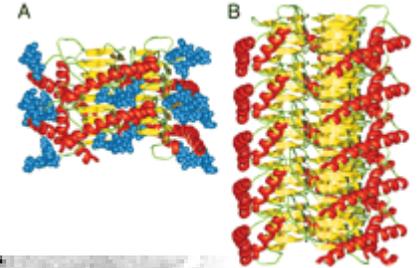
# Proteins: Botulinum toxin

- Botulism
- Produced by *Clostridium botulinu*, *C. baratii*, and *C. butyricum*
  - Multiple types of toxin: A, B, C, D, E, F, G
  - Only A, B, E, and F produce human disease
- Zoonotic
- Degraded by heat and humidity – relatively stable for a protein
- LD<sub>50</sub>: 0.001 µg/kg
- Treatment
  - Antitoxin (limited supplies)
  - Supportive care



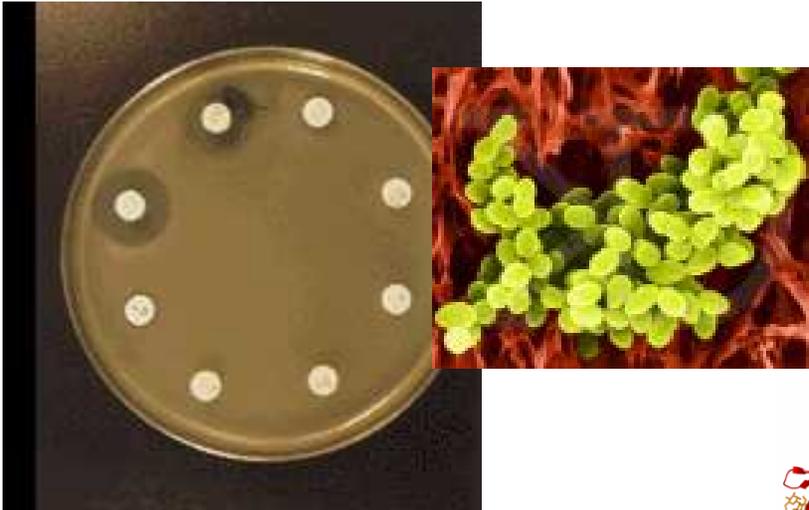
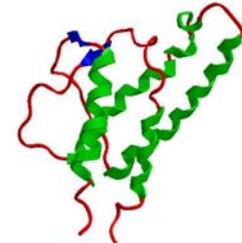
# Proteins: Bovine Spongiform Encephalopathy Prion

- Mad cow disease
- Causative agent of BSE causes variant Creutzfeldt Jakob disease (vCJD)
- Diagnosed in cattle in:
  - Europe, Canada, US, Japan
- Long incubation period
- Extremely stable – not inactivated by conventional fumigants, very heat resistant
- Laboratory recommendations:
  - In US: BSL2 or BSL3
  - In UK: modified BSL3 (room need not be sealable, HEPA filters not required)
  - OIE: BSL3



# Biological Threats are Evolving

- Drug resistant agents
- Genetically-engineered agents



*Journal of Virology*, Feb. 2001, p. 1205-1210  
0022-538X/01/040105-06 DOI: 10.1128/JVI.75.3.1205-1210.2001  
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**Expression of Mouse Interleukin-4 by a Recombinant Ectromelia Virus Suppresses Cytolytic Lymphocyte Responses and Overcomes Genetic Resistance to Mousepox**

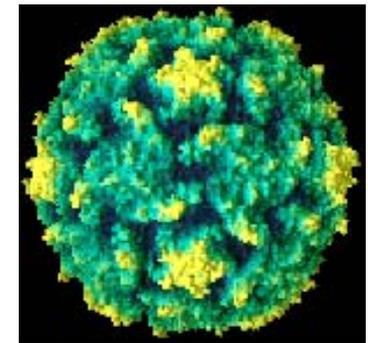
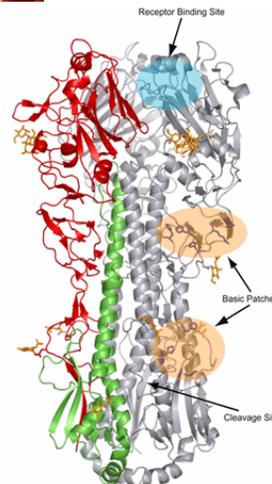
RONALD J. JACKSON,<sup>1,2\*</sup> ALSTAIR J. RAMSAY,<sup>1,3</sup> CARINA D. CHRISTENSEN,<sup>1</sup> SANDRA BEATON,<sup>1</sup> DIANA E. HALL,<sup>1,2</sup> AND IAN A. RAMSHAW<sup>1</sup>

*Post-Animal Control Cooperative Research Centre, CSIRO Sustainable Ecosystems,<sup>1</sup> and Division of Immunology and Cell Biology, John Curtin School of Medical Research, Australian National University,<sup>2</sup> Canberra, Australia*

**Characterization of the Reconstructed 1918 Spanish Influenza Pandemic Virus**

Terrence M. Tumpey,<sup>1\*</sup> Christopher F. Basler,<sup>2</sup> Patricia V. Aguilar,<sup>2</sup> Hui Zeng,<sup>1</sup> Alicia Solórzano,<sup>2</sup> David E. Swayne,<sup>4</sup> Nancy J. Cox,<sup>1</sup> Jacqueline M. Katz,<sup>1</sup> Jeffery K. Taubenberger,<sup>3</sup> Peter Palese,<sup>2</sup> Adolfo Garcia-Sast

SCIENCE VOL 310 7 OCTOBER 2005



# Summary

- **Types of agents**
  - **Fungi**
  - **Bacteria (including mycoplasma, rickettsae, chlamydia)**
  - **Viruses**
  - **Proteins**
    - **Prions**
    - **Toxins**
      - **Produced by many sources**
- **Almost all biological agents available in nature**
- **Many factors to consider when evaluating biological hazards**
- **Delayed onset of symptoms – many cause flu-like illness**

